



Tentative Programme

Pre-congress Workshop (20th June 2025)

Time	Programme
0800 - 0830	Registration and Breakfast
0830 - 0845	Opening Remarks <i>Speaker: Prof Dr Barakatun Nisak MOHD YUSOF, President of MDA</i> @ Bronx V
0845 - 0900	Online Quiz – Pre-test and Ice Breaking @ Bronx V
0900 - 0945	Nutrition Assessment for Malnutrition – Which Tool is the Best? <i>Speaker: Prof. Dr. Winnie CHEE Siew Swee, IMU University</i> @ Bronx V
0945 - 1030	Nutrition Assessment – NFPE <i>Speaker: Dr. CHEN Seong Ting, IMU University</i> @ Bronx V
1030 - 1045	Nutrition Break
1045 - 1115	Nutrition Diagnosis in Malnutrition <i>Speaker: Ms. Jamilah ABDUL JAMIL, IMU University</i> @ Bronx V
1115 - 1230	Hands-on: Applying NCP for Malnutrition Case Study <i>All facilitators</i> @ Bronx V
1230 - 1245	Online Quiz - Post Test @ Bronx V
1245 - 1300	Reflections and Take-Home Message @ Bronx V
1300	End of Workshop and Lunch



MALAYSIAN DIETITIANS' ASSOCIATION CONFERENCE 2025

DIETITIANS EMBRACING CHANGE

21ST - 22ND JUNE 2025 • BERJAYA TIMES SQUARE HOTEL, KUALA LUMPUR

Organised by



Tentative Programme

Day 1 (21st June 2025)

Time	Programme	
0700 - 0800	Registration	
0800 - 0845	Plenary 1 Changing Landscape of Dietetics in Asia: Insights and Best Practices from Thailand <i>Speaker: Asst. Prof. Chanida PACHOTIKARN, Institute of Nutrition, Mahidol University (INMU)</i> ☺ <i>Manhattan II</i>	
0845 - 0945	Opening Ceremony ☺ <i>Manhattan II</i>	
0945 - 1030	Keynote Speech Registered Dietitians: What's Next? <i>Speaker: Puan L. Mageswary LAPCHMANAN, Director, Allied Health Sciences Division, Ministry of Health</i> ☺ <i>Manhattan II</i>	
1030 - 1100	Morning Tea Break	
1100 - 1200	Forum Evolving Roles: Anticipating Changes in Dietetics Field Discussion on Latest Update, Challenges & Solutions from Australia, Thailand, Philippines, Indonesia, and Malaysia <i>Moderator: Prof. Dr. Winnie Chee Siew Swee, IMU University</i> <i>Panelist:</i> <i>Ms. Fitri HUDAYANI, Asosiasi Dietisien Indonesia (AsDI)</i> <i>Prof. Dr. Barakatun Nisak MOHD YUSOF, Malaysian Dietitians' Association</i> <i>Asst. Prof. Chanida PACHOTIKARN, Thai Dietetic Association</i> <i>Assoc. Prof. Zenaida F. VELASCO, International Affiliate of the Academy of Nutrition and Dietetics (IAAND)</i> <i>Ms. Ma. Eloisa Estipona VILLARAZA, Nutritionist-Dietitians' Association of the Philippines (NDAP)</i> <i>Ms. Gladys WONG, Singapore Nutrition and Dietetics Association (SNDA)</i> <i>Ms. Ivy LOKE, seca Asia Pacific Sdn Bhd</i> <i>Ms. NG Yee Voon, Thomson Hospital</i> ☺ <i>Manhattan II</i>	
1200 - 1300	Lunch Symposium ☺ <i>Manhattan II</i>	
1300 - 1400	Lunch Break / Booth Visit ☺ <i>Manhattan I</i>	
1400 - 1500	Symposium 1A Optimising Wound Healing Through Nutrition Current Advancements in Wound Care: Insights for Dietitians <i>Speaker: Ms. Mushidah Zakiah MOHAD AKRAN, Prince Court Medical Centre</i> Clinical Perspectives in Wound Management: A Multidisciplinary Approach <i>Speaker: Mr. Rosdiizwan ROSLAN, Ministry of Health</i> ☺ <i>Manhattan II</i>	Symposium 1B Paediatric Nutrition and Care for Autism Spectrum Disorder (ASD) Speech Therapy in Paediatric Feeding: Enhancing Oral-Motor Skills and Mealtime Success in ASD <i>Speaker: Ms. Faith NG Peik Hwa, Blueprism (Child Development Centre)</i> Innovative Approach to Feeding therapy: From Clinic to Home <i>Speaker: Ms. Fatimah Amirah ZAKARIA, Hospital Pakar Sultanah Fatimah</i> ☺ <i>Bronx V</i>



1500 - 1615	<p>Symposium 2A: MYOS x MDA Collaboration Beyond Diet and Lifestyle: Integrating Anti-Obesity Medications into Obesity Management</p> <p>The Foundation of Obesity Management: Why Diet Is Important but Not Enough?</p> <p>The Role of Anti-Obesity Medications (AOM) in Current Obesity Management</p> <p>AOM as an Adjunct to Bariatric Surgery: Enhancing Long-Term Outcomes</p> <p>📍 <i>Manhattan II</i></p>	<p>Symposium 2B The Role of AI in Personalised Nutrition and Medical Nutrition Therapy (MNT)</p> <p>Revolutionising Dietetics Practice: AI-Driven NCP Tool</p> <p><i>Speaker: Prof. Dr. Winnie CHEE Siew Swee, IMU University</i></p> <p>Harnessing AI in Dietetics: Optimising the Nutrition Care Process Like Never Before</p> <p><i>Speaker: Mr Alvin LIM Jun Hao, Universiti Putra Malaysia</i></p> <p>📍 <i>Bronx V</i></p>
	1615 - 1645	Afternoon Tea Break & Booths Visit
1645 - 1900	<p>MDA AGM</p> <p>📍 <i>Manhattan II</i></p>	
1900 - 2100	<p>MDA Members Dinner</p>	



Tentative Programme

Day 2 (22nd June 2025)

Time	Programme			
0800 - 0830	Registration			
0830 - 0915	<p>Plenary 2 Integrating Sustainability into Dietetics Practice and Food Service Operations: Challenges, Strategies, and Future Directions <i>Speaker: Ms. Gladys WONG, Khoo Teck Puat Hospital</i></p> <p>♦ Manhattan II</p>			
0915 - 0945	Morning Tea Break / Poster Rapid Fire			
0945 - 1045	<p>Free Paper A: Post-Graduate Student and Dietitian ♦ Manhattan II</p>	<p>Free Paper B: Undergraduate Student ♦ Bronx V</p>	<p>Poster Rapid Fire 1A Post-Graduate Student and Dietitian ♦ Bronx III</p>	<p>Poster Rapid Fire 1B: Undergraduate Student ♦ Bronx III</p>
1045 - 1145	<p>Case Study A: Post-Graduate Student and Dietitian ♦ Manhattan II</p>	<p>Case Study B: Undergraduate Student ♦ Bronx V</p>	<p>Poster Rapid Fire 2A: Post-Graduate Student and Dietitian ♦ Bronx III</p>	<p>Poster Rapid Fire 2B: Undergraduate Student ♦ Bronx III</p>
1145 - 1245	<p>Lunch Symposium ♦ Manhattan II</p>			
1245 - 1345	<p>Lunch Break / Booth Visit ♦ Manhattan I</p>			
1345 - 1445	<p>Symposium 3A Sustainability in Healthcare Food Service Advancing Sustainable Diets in Healthcare & Institutional Food Service: Challenges and Strategies <i>Speaker: Ms. Basmawati BAHAROM, Hospital Kuala Lumpur</i> Smart, Sustainable, and Tech-Driven Solutions for Hospital Food Service <i>Speaker: Ms. Verona LEE, Sunway Medical Centre Penang</i> ♦ Manhattan II</p>	<p>Symposium 3B Practice-Based Research for Dietitians Bridging the Gap: The Vital Role of Dietitians in Clinical Research. <i>Speaker: Dr. HO Chiou Yi, National Cancer Institute</i> Translating Evidence into Action: Community-Based Nutrition Interventions for Sustainable Health <i>Speaker: Ms. Harizah MOHD YAACOB, Family Health Development Division, Ministry of Health Malaysia</i> ♦ Bronx V</p>		
1445 - 1545	<p>Workshop A Beyond Glucose Readings: Translating CGM Data for Personalised Nutrition Therapy <i>Speaker: Dr. Luqman IBRAHIM, Regency Specialist Hospital</i> ♦ Manhattan II</p>	<p>Workshop B National Dietetic Competency Standard - Stakeholder Engagement <i>Speaker: Assoc. Prof. Dr. Zulfritri 'Azuan MAT DAUD, Universiti Putra Malaysia</i> ♦ Bronx V</p>		



1545 - 1615	Afternoon Tea Break & Booth Visit
1615 - 1700	<p>Plenary 3</p> <p>Beyond the Scalpel: Empowering Dietitians as Leaders in Bariatric</p> <p><i>Speaker: Dr. Mohammad Shukri JAHIT, National Cancer Institute</i></p> <p>📍 <i>Manhattan II</i></p>
1700 - 1730	<p>Closing Ceremony</p> <p>📍 <i>Manhattan II</i></p>



Speakers' Profile



Ms L. Mageswary Lapchmanan

Allied Health Sciences Division, Ministry of Health

Director

Ms. L. Mageswary Lapchmanan has more than 30 years of management experience in clinical nutrition, dietetics, food services and allied health. She is currently the deputy director of the policy and strategic planning section at the Allied Health Sciences Division, Ministry of Health Malaysia (MOH). As a senior dietitian and deputy director, she is recognised for her leadership and vast contribution to the development of Nutrition & Dietetics, and Allied Health in the country. Her works are renowned in both paediatric and adult medical nutrition therapy. She is particularly well known for the enhancement of clinical dietetics and capacity building through structured facilitation in multidisciplinary teams, strategic planning, quality improvement, research, coaching and supervision for dietitians, student dietitians and other allied health professions. She has spearheaded various dietetics-related working committees and collaborative works with universities, private sector, industries and associations. As a Deputy Director at Allied Health Sciences Division, Ms L. Mageswary is leading efforts with WHO and other stakeholders to establish new policies and recommendations to invigorate allied health professions including dietitians in the country. She is a strong advocate of continuous quality improvement and teamwork.



Asst. Prof. Chanida PACHOTIKARN

Institute of Nutrition, Mahidol University

Director

Chanida Pachotikarn currently serves as an Assistant Professor and Advisor at the Institute of Nutrition, Mahidol University in Thailand, while also holding the esteemed role of President of the Thai Dietetic Association. Her expertise spans various aspects of nutrition and dietetics, including clinical nutrition, medical nutrition therapy, and the impact of diet regimens on overall health. Through her work, she contributes significantly to advancements in dietary science and healthcare practices.



Ms. Jamilah ABDUL JAMIL

IMU University, Kuala Lumpur

Lecturer & Dietitian

Jamilah's research focus is on the area of dietetics practice enhancement. Her main goal is to support the practice through cutting-edge research in the relevant area. Since her career started as an academician eleven years ago, her research is mainly on the Nutrition Care Process (NCP), a standardized process for the delivery of nutrition care, and recognition of the dietetics profession as part of multidisciplinary care. She has been involved with the training of NCP for the dietitians in Malaysia, as well as taking the lead in coordinating NCP for Dietetics Practice module for the dietetics program at International Medical University (IMU), Malaysia. Some of the work that she has done for dietetics education was on peer assessment in clinical teaching and training of the clinical instructors on the use of various clinical teaching models during clinical training. She hopes that with her research, the quality of nutrition care can be further improved for better patient outcomes and better recognition of the profession.



Ms Basmawati Baharom

Hospital Kuala Lumpur
Head of Department

29 years in service as Head of Department at dietetic and catering, Hospital Tuanku Jaafar Seremban. Currently serves as HOD at Hospital Kuala Lumpur. Active in clinical dietetics, focusing in geriatric nutrition. Used to be Head of Dietetic Profession of MOH in 2019 was selected to join leadership course at republic of germany. still active in doing quality activities in dietetic field as the passion to empower dietetic service is still blooming. Her aspiration to bring together all dietitians regardless of where you are in enlighten dietitian role.



Prof Winnie Chee Siew Swee

IMU
Pro Vice Chancellor

Prof Winnie Chee is Professor, Nutrition & Dietetics and Pro-Vice Chancellor (Academic) at the IMU University, Kuala Lumpur, Malaysia. Prof Chee's research and publications are on dietary/lifestyle intervention in diabetes, obesity and bone health nutrition. Prof Chee serves on national & international committees for setting guidelines for medical nutrition therapy and professional development. She actively contributes to education programmes for healthcare professionals and the public at national and international level. Prof Winnie is a prominent speaker in local and international platforms and featured in local media on diet and nutrition issues. She was the founding Council member and led the Malaysian Dietitians' Association (MDA) as President from 2014-2023. She is also Fellow of the Malaysian Dietitians Association and the Nutrition Society of Malaysia. In 2015, she was the recipient of the Wimpfheimer-Guggenheim International Lecture Award from the Academy of Nutrition & Dietetics, USA. Prof Winnie is a practicing dietitian at IMU Healthcare



Ma. Eloisa Estipona VILLARAZA

Nutritionist-Dietitians' Association of the Philippines (NDAP)
President

Ma Eloisa Villaraza also serves as Vice President of the Nutritionist Dietitians Association of the Philippines, as Chair – Chapter's Committee and Chair – Dietetic Practice Group- Pediatrics.

For comprehensive CV, please visit <https://www.nutritionmasterclass.com.ph/experts/ma-eloina-e-villaraza>



Ms. Gladys Wong

Khoo Teck Puat Hospital
Senior Principal Dietitian

Gladys Wong is a NZ Registered Dietitian and Accredited Dietitian of Singapore Nutrition & Dietetics Association (SNDA). She trained and worked as a dietitian in NZ before relocating to Singapore in 1995 to pioneer the nutrition diploma course at Temasek Polytechnic. She then returned to hospital dietetics in 2000.

Wong relinquished her 17- year headship as Chief Dietitian of Alexandra Hospital / Khoo Teck Puat Hospital at the end of 2017. Her current portfolio as Senior Principal Dietitian includes dietetic education and competency, institutional foodservices, diabetes management, 3D food printing research, health promoting hospital initiatives and circular economy in food sustainability.

She has been a member of SNDA since 1995 and served as President / Treasurer / Membership Sub- Chair for numerous terms. She is an affiliate member of Foodservice Consultants Society International. She was also Chair of Dietetics Panel and Ministry of Health and was member of National Diabetes Prevention & Care Taskforce.



Ms. Faith NG Peik Hwa

Blueprinsm (Child Development Center)
Principal Director

Faith Ng is a corporate trainer, clinical consultant and certified Speech-Language Pathologist (multilingual) in the United Kingdom, Australia, Malaysia, China and other APAC countries. She specializes in child & adolescent speech, language, communication and feeding development, with a research and clinical interest in Autism. She is actively involved in Education, Healthcare and Social Care, bringing a wealth of experience and expertise in diagnostic assessment & therapy, telespeech consultation, parent coaching and teacher training.



Dr Ho Chiou Yi

National Cancer Institute
Clinical Dietitian

Ho Chiou Yi is a Clinical Dietitian at the National Cancer Institute. She holds a Master of Science in Clinical Nutrition from Universiti Putra Malaysia (UPM).

With expertise in gastrointestinal surgery, surgical oncology, and gynaecological surgery, Chiou Yi focuses on providing tailored nutritional support to patients undergoing cancer treatment. She is also skilled in statistics, biostatistics, body composition analysis, and qualitative research, using these tools to enhance patient care and outcomes.

Chiou Yi is dedicated to improving the lives of cancer patients through evidence-based nutrition and continues to contribute to the field with her knowledge and passion.



Ms Fitri Hidayani

Asosiasi Dietisien Indonesia (AsDI)
President

Ms Fitri Hidayani is the Head of Nutrition Installation Dr Cipto Mangunkusumo Hospital (2023 - Now) President of Indonesia Dietitian Association (2022 – Now) Member of Indonesia Hajj Health Association (2015 - Now)

For comprehensive CV, please visit https://storage.unitedwebnetwork.com/files/1151/841046-18873-CV_Fitri%20Hidayani_236649.pdf



Ms Ivy Loke

Seca Asia Pacific Sdn Bhd
Regional Sales Manager

Ivy Loke is the Regional Sales Manager at Seca Asia Pacific Sdn Bhd



Dr Luqman Bin Ibrahim

Regency Specialist Hospital
Consultant Endocrinologist

Dr Luqman Bin Ibrahim is a Consultant Endocrinologist specializing in Endocrinology and Internal Medicine. Trained at the University of Malaya, he has extensive experience in managing patients with type 1 and type 2 diabetes, diabetes in pregnancy, and a wide range of endocrine disorders.

Dr Luqman holds an MBBS from the International Islamic University Malaysia (IIUM) and a Master of Medicine (MMed) in Internal Medicine from the University of Malaya. He completed his subspecialty training in Endocrinology under the Ministry of Health Malaysia (KKM).

As an active member of several professional organizations, including the Malaysian Medical Council (MMC), the National Specialist Registry (NSR), the Malaysian Diabetes Educators Society (MDES), and the Malaysian Osteoporosis Society (MOS), Dr Luqman is deeply committed to advancing the field of endocrinology and improving patient care.



Dr Mohammad Shukri Jahit

Institut Jantung Negara / Thomson Hospital
Consultant General & Upper Gastrointestinal Surgeon

Graduated from Universiti Kebangsaan Malaysia in 1994 in Medical Doctor (MD) and continue to pursue higher surgical training in 1998. He attained fellowship in Upper GI Surgery from Ministry of health of Malaysia and Flinders Medical Centre in 2006. He is currently the president of parenteral and Enteral Nutrition Society of Malaysia of PENSMA since 2010. He has pioneered the Nutrition Therapy Team in Malaysia and established a dedicated training programme for all NTT in Malaysia since 2010. He also pioneered several clinical nutrition programmes in Malaysia such as home PN and ERAS in Upper GI Surgery and Bariatric Surgery.



Mushidah Zakiah Mohd Akran

Prince Court Medical Centre
Senior Dietitian

After obtaining her degree in Dietetics from the International Islamic University Malaysia, she has been practising as a dietitian mainly in private healthcare settings applying her knowledge and expertise in various scope of dietetics. Apart from her roles in clinical dietetics, she has vast experience in healthcare foodservice management. With more than 10 years' experience in the field of nutrition and dietetics, she has been passionate about advocating healthy eating to the public. Her passion in the field of nutrition and dietetics is further delivered through her involvement as Assistant Honorary Secretary of the Malaysian Dietitians' Association, a professional body for dietitians in Malaysia. She has also served as Honorary Secretary and MDA newsletter editor in the past.



Mr. Alvin LIM Jung Hao

Universiti Putra Malaysia
Ph.D. student, Clinical Nutrition

Alvin Lim is a research dietitian and PhD candidate in Clinical Nutrition at Universiti Putra Malaysia. His work focuses on personalized nutrition for Type 2 Diabetes by integrating a whole food approach, dietary patterns, nutritional genomics, and artificial intelligence (AI). He applies various AI models.



Ms. NG Yee Voon



Universiti Putra Malaysia
Ph.D. student, Clinical Nutrition

Ng Yee Voon is the Director of Allied Health division at Thomson Hospital, her tenure blends a strategic vision with a hands-on approach to clinical service development. Her team's focus on quality patient care is unwavering, driven by a mission to cultivate sustainable healthcare practices.

Dr. NGO Choon Woon



Universiti Putra Malaysia
Ph.D. student, Clinical Nutrition

Ngo Choon Woon is an upper gastrointestinal surgeon with a dedicated focus on bariatric and metabolic diseases, nutrition, functional disorders, and malignancies. His commitment to improving patient care extends beyond the operating room, where he has been privileged to lead initiatives such as the Nutrition Therapy Team with the Johor Regional Nutrition Network, and several others including Wound Care Management, Cancer Navigation, and Safe Surgery Saves Life Committees.

Proficient in modern surgical techniques, especially minimally invasive methods like robotics, laparoscopy, and endoscopy, my journey across Malaysia has equipped him with diverse experiences that he has integrated into Hospital Enche' Besar Hajjah Khalsom Kluang Johor, enhancing their institution's capabilities.

Prof. Dr. Rohana ABDUL GHANI



Universiti Teknologi MARA Kampus Sg. Buloh
Professor in Medicine

Rohana Abdul Ghani is a registered medical specialist in Malaysia. She practices in the fields of Internal Medicine (General) and Endocrinology. Dr. Rohana's clinical Practice(s) at the Faculty of Medicine Universiti Teknologi MARA (UiTM), Medicine, Kampus Sg Buloh, Petaling Jaya, Selangor. Her medical qualifications include a Bachelor of Medicine, Bachelor of Surgery (MB BCH BAO) degree from University College Dublin, Ireland, awarded in 1998. She further specialized by obtaining a Master of Medicine (M.Med) from Universiti Kebangsaan Malaysia in 2005. These credentials have enabled her to contribute significantly to the medical field, particularly in her areas of specialization.

Assoc. Prof. Dr. Zulfitri' Azuan MAT DAUD



Universiti Putra Malaysia
Associate Professor, Faculty of Medicine and Health Sciences

Zulfitri 'Azuan Mat Daud's research interest are in the areas of clinical nutrition especially in renal nutrition and lipids metabolism. PhD research project focused on 'multifaceted nutritional intervention' in chronic kidney disease patients undergoing hemodialysis. These interventions include supplementation with omega-3 fatty acids, hydrolyzed protein and vitamin E tocotrienols, aimed at improving various co-morbid condition associated with cardiovascular disease in this population. He also exploring 'metabolomics' approach, an exciting new post-genomics technology, to specifically identify alterations in the metabolites profiles following nutritional intervention.



Ms. Verona LEE



Sunway Medical Centre Penang
Dietetics Manager

Verona Lee is a Clinical Dietitian at a private tertiary hospital, practicing in all areas of nutrition—general health and disease prevention, chronic diseases, critical care, community, research, and food service. She has a special interest in Children's Nutrition. As a food enthusiast, she enjoys eating and exploring everything from street food to Michelin-star fine dining. She loves working with people to provide them with remarkable yet healthful dining experiences.

Dr. CHEN Seong Ting



IMU University
Senior Lecturer, Dietitian and Researcher

Chen Seong Ting is a Senior Lecturer in Nutrition and Dietetics at IMU University Malaysia. She is also a member of the Malaysian Dietitians' Association (MDA), actively participating in professional development and conferences related to nutrition. Her work focuses on nutrition education, dietary management, and research, including developing nutrition modules for trainers working with persons with disabilities.

Assoc. Prof. Zenaída F. Velasco



International Affiliate of the Academy of Nutrition and Dietetics (IAAND)
President

Zenaída F. Velasco, RND, MAP is the current National President of the Nutritionist-Dietitians' Association of the Philippines and the President of Nutrition and Emotion Wellness Center. For 31 years, she was a faculty member of the University of Santo Tomas' Department of Nutrition and Dietetics. Ms. Velasco has manifested leadership and excellence in different nutrition, health, and wellness practice areas through high visibility in media, postgraduate education, community extension and research to uplift the corporate and professional image of her profession.